

REVIEW & OPEN - SOUL STRENGTH

first, Pastor Jerry set a foundation a couple weeks ago about the importance of our soul

3 John 2

Beloved, I wish above all things that you may prosper and be in health, **even as thy soul prospers.**

so the only way for you to truly flourish in life - being the person God created you to be is to give attention to soul growth and renewal

next Pastor Jerry brought in the importance of your mouth in this equation of soul strength

Proverbs 23:7a

For as he thinks in his heart, so is he

Matthew 12:34b

for out of the abundance of the heart the mouth speaks

so a major key to Soul Strength is your mouth and what you say

Proverbs 18:21

Death and life are in the power of the tongue: and they that love it shall eat the fruit thereof.

POINT: to succeed in life we need a soul that is prospering or growing and a mouth that speaks life based on God's word which renews us day by day

INTRODUCTION

well today I have the privilege of building upon and finishing this series w/ **The Marrow**

we are going to focus on the human body as it relates to your complete makeup as a living being

we are going to look specifically at the actual marrow of your body

if you aren't scientifically inclined don't worry I will mix it up and be all inclusive!

Melanie my wife says that when I start talking about science in the class we run she usually starts thinking about getting her hair done or thinking like red, blue, apple, orange, make the kids lunch... what are we doing next Christmas

POINT: one thing I want you to take away from this message is how wonderfully made we are and how special we are in this vast creation that we interact with

THE HUMAN ANIMAL

what sets us apart as human beings from the animal kingdom?

science can only go so far because it is (*supst to be*) limited to what it can observe and replicate (*side note: evolution should be taught as a theory = to creation since both take faith and can't be proven completely*)

if you go by measurable DNA differences we are descendants to the chimpanzee

simple logic and you can see vast differences that simple **DNA changes can't ever account for** no matter how many millions of years pass

(and anyways if we evolved then why are there still chimps? this is a joke)

WE HAVE A SPIRIT: this brings us into a completely different class of living being

Genesis 2:7

And the LORD God formed man of the dust of the ground, and breathed into his nostrils the **breath of life**; and man became a **living creature** (KJV soul - incorrect)

out of everything in creation - only humans were made in God's image and breathed into - this is the exchange of the spirit making us the highest form of creation in all of creation even over the angels

It was Jesus, before He was named Jesus, not God the Father that formed man and breathed into us a spirit

so now we have an entire science world that will not accept the spirit of man because it can not see or measure it

do you know that it wasn't until the 17th century that science & medicine started to ignore and separate the spiritual side of the human being

Rene Descartes needed bodies for their scientific studies - of which the church had plenty from funerals - the church made him promise to leave the things of the spirit to the church and he could have his bodies

this set science back hundreds of years - until recently new fields have opened up that are admitting there's more to the human than meets the eye

trans:*Besides the fact that we have a spirit - look at the brilliance of our creation*

Human Cells Fun

75-100 trillion cells in your body

95% of cells in our bodies are classified as bacteria / microbes

cell lifespan: a couple days, a couple months, up to one year

when a cell is damaged it commits suicide and makes room for a replacement

Your Amazing Body

is buzzing with electricity - literally like a power plant

killer cells - attacking invaders constantly

corrosive chemicals (like battery acid) passing signals - course thru your entire body

you have a transport grid & communication network

signals in the brain telling glands to release chemicals for organ function

detox facility, hospital for damage and a battlefield

all of this is built into your created body thru a cellular structure

science has made amazing discovery on how all of this works and the different types of structures and chemicals involved - **one thing they haven't been able to figure out - what is keeping everything going? LIFE FORCE!**

your body is made up of 7 octillion atoms - 7 with 27 zeros after it

they are spinning around and repelling each other apart - yet they stay together as a bond

electromagnetic repulsion - multiple billion times stronger than gravity - when you sit on a chair there is actually, at the atomic level, a space between you and the chair

what is holding an atom together if it has so much repulsion? **“the strong force”**

the parts of the atom are made up of Quarks - up, down, charm, strong, bottom, top - what are quarks made up of? vibrating energy - possibly sound

Hebrews 11:3 ...things which are seen were made of things that are unseen

Gen 1:2 The earth was without form - a wasteland - God spoke, order came - and his Words have been vibrating ever since and holding the universe together at the subatomic level

if you removed the empty space in atoms of the human body - the left over mass would fit on the tip of a sewing needle!

POINT: this created universe that we interact with spiritually, mentally and physically is an amazing machine of energy and matter and beauty - and it came from the supreme creator named God, Jehovah, Yahweh, Elohim - the Godhead seen in scripture

and knowing this makes my next statement all the more amazing...

POINT: your human makeup, your being, came from the design and intelligence of a creator that we know as God - and this creator of all things has called you his child

Romans 8:15

For ye have not received the **spirit of bondage again to fear**; but ye have received the Spirit of **adoption**, whereby we cry, **Abba, Father**. (daddy, poppa, Father)

Deuteronomy 32:10

He found him in a desert land, and in the waste howling wilderness; he led him about, he instructed him, **he kept him as the apple of his eye**.

YOU HAVE NOT RECEIVED THE SPIRIT OF BONDAGE TO FEAR!

you're not an evolved animal

- God made all of creation and called it "**Good**"
- God made a human - spirit soul & body and called it "**Very Good**"

last I read in the Bible **God never retracted his statement** - even after the fall of creation in the garden

The Body Is Not Evil

- we need to lose this goofy idea that our **bodies** are this evil, horrible, twisted, disgusting thing
- and that our **spirits** are this pristine wonderful thing that just TRIES to keep our flesh in line

POINT: get a clue on the love and care the Father has for you and your body can't be touched by any invader or DNA aberration - your immune system will FUNCTION the way God created it to function!

TRIUNE BEING

I would like to offer up an idea to you that although we separate spirit, soul & body for the purpose of understanding - in reality, while we are alive on earth they are really more intertwined as ONE than we think

- the state of your spirit affects your soul state
- the state of your soul affects your spiritual state
- the state of your body is affected by your spirit and your soul state
- and when you obey wrong things with your body (sin) it in turn affects the state of your spirit and soul

2 Corinthians 7:1

Having therefore these promises, dearly **beloved**, let us **cleanse ourselves** from all **filthiness of the flesh and spirit**, perfecting holiness in the fear of God.

here we have a verse written to the established believers in the church of Corinth saying it was THEIR job to cleanse THEMSELVES of filthiness of the BODY & SPIRIT

****who is this “ourselves” in the verse?** its THE SOUL of man - to break it down even more its the function of the Alpha brain wave that takes the information from the outward senses via Beta and the information from the spirit world via Theta and uses this information to make a decision - right or wrong - cleansing the spirit and the body

your job as a christian is shown very simply in this verse - YOU are to use the truth you know to cleanse yourself - and come into completion

Sin Ranking isn't scriptural - Galatians lists 'mortal' and 'venial' sins in the same verse - and then goes on to say you will not experience life, God's way on earth if you practice habitually these things: adultery murder, strife, envy, etc

POINT: every part of your being is in a constant state of flux - and this will in turn manifest with either **positive** or **negative** outcomes such as health or disease - mentally, emotionally, physically and spiritually

Generally Accepted Human Desires

(unless you've gotten so “spiritual” that you forgot how to discern evil from good and so you call evil, good - disease, good, prosperity & health bad)

people want to have **health** in their bodies

people want to have a **sound mind**

people don't want:

- depression
- mood disorders
- pain in their body
- incurable disease

yet we have all of the above...

trans: *hopefully at this point you see the unity of spirit, soul and body and the inner-workings and interplay b/w them & the love and care that the Father has for our complete being - spirit soul and body*

THE MARROW

so what's this all about with the Marrow?

well you know PJerry matches his bible to his shoes and so on - he wanted to do a sermon series on Soul Strength with the tag line of the Mind, the Mouth and _____

he needed an 'M' word - little did he know he was going to be out of town and I happened to specialize in the subject of The Marrow

as my father-in-law Mike says, "coincidence...I think not!"

TEXT

Proverbs 17:22

A merry heart does good like a medicine (cure): but a **broken spirit dries the bones**

Hebrew Explanations

heart = soul, mind, thinking, seat of emotions

medicine = hebrew means 'a cure' - current medicine is simply a cover up / chemical to lie to your brain saying you are OK

heart issues - beta blocker - tells your brain you're ok and not needing to fight

insomnia - again your mind is fighting a battle so you take a hypnotic like ambien to lie

allergies - you are having reactions so you take a drug that blocks your histamine receptors and lies to you again saying everything is ok

here we have a statement, inspired by the Holy Spirit, written by Solomon around 1000BC - that is over 3,000 years ago

that puts a link between the state of your soul or mind and the condition of your physical body

- **in 200AD** a man named Gaylin noted that breast cancer was much more common in women that were melancholy - *so 1800 yrs ago they noticed that women that were depressed had a higher incidence of breast cancer*
- **In 1962** a Scientist did a study that spanned one year and they said without question the determining factor of a person developing a respiratory tract infection was acute or chronic FAMILY STRESS
- **Recent QUOTE:** "after years of study it has been found that the emotional state of a person has a direct effect and relates to the health of an individual"

so let's make some connections here:

Proverbs 17:22 is telling us that

- a joyful, happy, at ease, glad SOUL is a cure
- but a broken spirit (same word used that God blew in our noses) dries the bones

question? according to your 10th grade biology / anatomy class what is in the bones that is moist?

Marrow!

question? so you think the **enemy** of your soul that roams the earth knows how to get you into a **state mentally** that you **do not have a Merry or Joyful Soul?**

ding ding ding ding - we have a connection!!

...

trans: as your soul goes, as your spirit goes, so does your body & vice versa...

SYNERGISTIC CONNECTION

Leviticus 17:11a

For the life of the flesh is in the blood...

you enemy hates you because after he and many others rebelled against God - after he tried to 'ascend above the throne' of God - God created us to put him back in his place

"guard and keep this garden, be fruitful, multiply, fill the earth and subdue it"

POINT: Satan himself is after your blood b/c he knows that if he can get to that he can control every aspect of your life - physically, emotionally, mentally, mechanically - the whole human being

Marrow Facts:

- flexible, moist tissue found in the bone
- average adult has 5lbs of Marrow
- 500 billion blood cells per day
- also creates the leukocytes or white blood cells

Proverbs 17:22

A merry **SOUL** does good like a cure: but a **broken spirit dries the marrow** (immunity

the very spirit that God the Word blew into our nostrils is the strength to stay complete & whole

what does a broken spirit look like? hurt, self-rejected, can't cut yourself slack

biologically: when a person is not at Ease, the body is in a chemical fight mode

your own chemicals will destroy your immune system - allergies, sensitivities, cancers and a complete breakdown of your immune system

lymphocyte destruction - T & B cells - antibody to antigen confusion

complete hijack of the body at the cellular level

rats: subjected to a stressor, liver dumped cholesterol into the blood

we have this goofed up idea that God cares mainly about our spirit, a little about our soul and is barely interested in our bodies

this is error and is no different than science ignoring spirit, soul & body

how do I know God is interested in my body and not just my spirit - how do I know that he even cares?

- you were the only thing in creation made in His image
- when he finished He said it was VERY GOOD
- He hasn't retracted that comment since creation

all He ever said, concerning humanity during Noah's days - is that their every thought was only evil all the time - and he regretted creating us

so what was the issue? was their bodies evil? NO THEIR SOUL WAS

1 Thessalonians 5:23

And the very God of peace sanctify you wholly; and I pray God your whole **spirit and soul and body** be preserved **blameless** unto the coming of our Lord Jesus Christ.

spirit soul body - preserved blameless - other translations

- persevered completely
- kept sound
- kept healthy & faultless

complete wholeness - in every part of your being

<http://GW4.ME> - February classes & April classes - the rest full

trans: since our Father cares about our whole being - how do we walk this out?

CONCLUSION

to live in complete wholeness you need:

- the mind - renewed and thinking the way God thinks
- the mouth - this shows you whats in your heart and brings life & death
- the marrow - this is the health physically that is directly connected to your intertwined triune being

the complete human - spirit, soul & body - made in God's image

Proverbs 3:5-8

5 **Trust in the Lord** with all thine heart; and lean not unto thine own understanding.

6 In all thy ways **acknowledge him**, and he shall direct thy paths.

7 Be not wise in thine own eyes: respect the Lord, and depart from sin.

8 It shall be **health** to thy navel, and **marrow to thy bones**.

keep your gaze fixed on God - you are the 'little man of His eye'

don't worry about tomrw - this is sin

acknowledge God and allow Him to direct you

respect God - don't turn up your nose at him in sin (anything that is different from the way God thinks, speaks or acts is SIN)

does your reaction in life look like

- peace, love, joy
- patience, faithfulness
- goodness, kindness, self-control?

as you daily and minute by minute lean on the help of the Holy Spirit to live this way - you will experience healing of your MARROW

allergies, cancers, auto-immune disorders, asthma, infertility, miscarriages, osteo-ANYTHING,

HEALING NOW

Psalm 63:4-5

4 Thus will I **bless thee** while I live: **I will lift up my hands** in thy name.

5 My **soul shall be satisfied** as with **marrow** and **fatness**; and my **mouth shall praise thee with joyful lips**: